

Burrell Behavioral Health
Columbia TAY Team
Columbia TAY-BH/DD Team
Springfield Adult Team
Springfield TAY Team

BJC
St. Louis TAY Team

Compass Health
Nevada Adult Team
Raymore TAY Team
St. Charles Crider TAY Team
Jefferson City Metro TAY Team

Family Guidance Center
St. Joseph Adult Team

Ozark Center
Joplin Adult Team
TAY Team

Places for People
St. Louis Adult teams:
ACT 1 Team
Home Team
IMPACT Team
FACT Team

Preferred Family Healthcare
Hannibal TAY-ITCD Team

St. Patrick Center
St. Louis Adult Team

Hopewell
St. Louis TAY Team

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Assertive Community Treatment

MO ACT NEWSLETTER

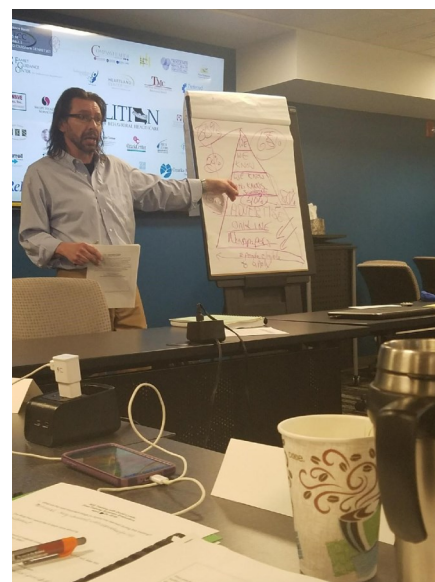
ISSUE 18 SPRING 2018

Hello from DMH

Along with the spring blooms this season, we were delighted to have David Lynde provide Supported Employment and Education training to the ACT team staff on April 25 and 26. The training was well attended by various ACT team staff including administrators, Peer Specialists, Employment Specialists and others. As always, David provided a comprehensive, relevant and entertaining session of helpful information on working directly with individuals on ACT teams.

Additional SEE resources are available by contacting any of the fidelity reviewers or Bianca Farr. A big "Thank You" to Bianca for arranging the training and of course to David Lynde for sharing his wisdom and expertise for the benefit of those special folks we serve.

Some fun pics taken at the training are included here. Watch for more trainings dates this fall, including IMR/IRT.





To find past issues of the ACT Newsletter, go to the DMH—ACT page at:
<http://dmh.mo.gov/mentalillness/provider/act.html>

Scroll down to “newsletters” and find your archived online copy!

Missouri ACT is on the web!

<http://dmh.mo.gov/mentalillness/provider/act.html>



NEW FACES AND TEAMS!

We want to welcome those individuals who have recently joined our ACT teams!

Places for People FACT Team:

Jenny McLogan — Co-Occurring Specialist

Places for People ACT 1 Team:

Deanna Molosky — Asst. Team Leader

Places for People Home Team:

Amanda Brown — Program Assistant
 Ashley Robinson — Employment Specialist

Hopewell Center TAY:

Vilena Hughes — Peer Specialist

Family Guidance Team:

Karol Johnson — RN

Preferred TAY/ITCD Team:

Nick Dochterman — CSS
 Chrissy Doolin — Employment Specialist

BJC TAY Team:

Lisa Johnson — Team Leader

Ozark Center TAY Team:

Chris Welch — Employment Specialist

Ozark Center Adult Team:

Kathi Murphy — Therapist

Compass TAY Metro Team:

Violet Chandler — RN

Compass Health Raymore TAY:

Diana Wells — Employment Specialist

Compass Health Nevada:

Samantha McGinnis — IHS
 Chuck Dipman — Employment Specialist

Compass Health Crider:

Susan Lane — Program Assistant

ACT Tips & Tools of the Trade

ACT Psychopharmacologic Treatment

The ACT team assumes primary responsibility for all medication prescribing, administration, distribution and record keeping. The psychiatrist and registered nurses are responsible for tightly integrating medication administration into the client's individual treatment plan and into the team's ongoing rehabilitation and support activities. The psychiatrist and registered nurses are also responsible for developing a system to get clients their

medications whenever they are due. Daily organizational staff meetings and the ready accessibility of the psychiatrist allow medication methods and schedules to be quickly adjusted to meet changing client needs. The team also develops resources to provide or pay for medication for indigent clients.

Many persons with severe and persistent mental illnesses do not take medication as prescribed, for many complex and person-specific reasons. Consequently, the approach to improve medi-

cation adherence must be individualized and focus on causes and influencing factors. It is unfair, and very poor practice, for mental health staff members to blame clients for noncompliance with medications and then rigidly cling to ineffective medication prescribing, administration and education practices. The ACT team is responsible for developing strategies with clients to better use medication to reduce client symptoms.

Parts taken from "A Manual for ACT Start-Up", 2003 Ed. By Allness and Knoedler.



For resource information on Supported Employment and Education services for Transitional Age Youth, visit the DMH website:

<http://dmh.mo.gov/men-talillness/transitio nageyouth.html>



Follow PACTwise team solutions 'blog for interesting articles written by fellow ACT staff with over 30 years' experience in the field at: <https://pactwiseblog.com/>

TEAM MEMBER SPOTLIGHT

Name: Kevin Crosby

Team: BHDD ACT-TAY for Burrell Behavioral Health, Central region

Located: Columbia, MO

Position: Team Leader

Favorite food: hamburger and French fries



My Favorite thing about being on the ACT-TAY team:

The cooperation and spirit of our group that is committed to serving young adults. "The whole is greater than the sum of the parts"

Something I would like to share with other teams:

Keep working at it even when it is hard because we are making a difference in the lives of those we help in ways we will not even realize.

TMACT Corner

OS4—Daily Team Meeting

The TMACT protocol measures how well the staff on the ACT team are held accountable for follow-up of scheduled/planned appointments for each day. There should be a mechanism in place to ensure that staff successfully complete or attempt to complete their assigned contacts each day, which ultimately holds the entire team accountable to follow up on interventions delineated in the treatment plans, as well as those recently assigned to address emerging needs. Example mechanisms include comparison of the previous day's staff schedule to the staff contact report during the daily team meeting, a check off or initialing of the daily log or staff schedule at day end or a communication with the team leader or team to let them know the outcome of planned contacts. If your team has a clear mechanism in place for staff accountability, full credit for OS4, function #6 may be possible!

You can receive ACT specific technical assistance from DMH staff. They are happy to assist!

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RESOURCES



Center for Evidence-Based Practices at Case Western Reserve University

<http://www.centerforebp.case.edu/>

Individual Resiliency Training (IRT)

<https://raiseetp.org/studymanuals/IRT%20Complete%20Manual.pdf>

Copeland Center for Wellness and Recovery

<http://copelandcenter.com/wellness-recovery-action-plan-wrap>

Division of Behavioral Health Employment Services

<http://dmh.mo.gov/mentalillness/adacpsemploymentservices.html>

Dartmouth Supported Employment Center

<http://www.dartmouthips.org/>

Missouri Peer Specialist

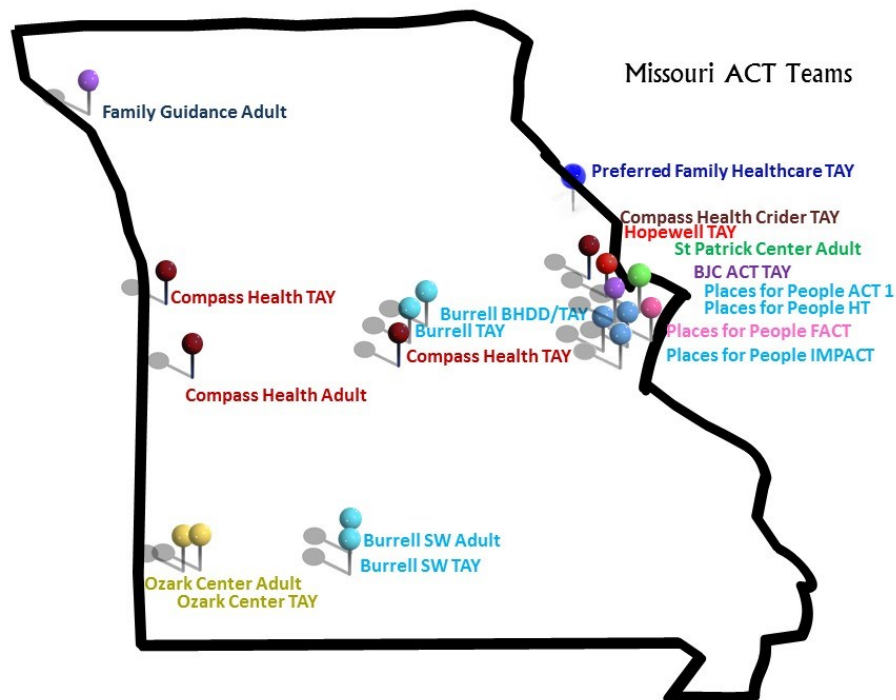
<http://www.peerspecialist.org/peerspecialist1.0/default.aspx>

SSI/SSDI Outreach, Access and Recovery (SOAR)

<http://soarworks.prainc.com/>

Missouri Recovery Network

www.morecovery.org



Missouri
Assertive Com-
munity Treat-
ment Newsletter

Issue 18
Spring 2018



To access the free
and downloadable
**Supported Hous-
ing Toolkit** on the
Substance Abuse
and Mental Health
Services Admin-
istration
(SAMHSA) web-
site:

[CLICK HERE](#)

Take the free
SOAR
online
training
course by
visiting

<http://soarworks.prairec.org/course/ssissdi-outreach-access-and-recovery-soar-online-training>

Come Join us for the 2018 Real Voices Real Choices Conference

10 Year Anniversary Event! August 19 – 21, 2018

The Real Voices – Real Choices Conference is an exciting opportunity for individuals and families living with mental illness, developmental disabilities, and in recovery for substance use disorders. It is a gathering of consumers, family members, friends, self-advocates and persons in recovery who come together to learn about programs, service issues, opportunities and self-advocacy. It's about fostering growth and empowerment, as well as finding the tools to be successful in the community. Annually, hundreds gather for this very empowering conference.

REGISTER for the Real Voices Real Choices Conference today!

Go to: http://www.missourimhf.org/?page_id=1828

We are excited to have a full array of enlightening, exciting and inspirational topics at this year's conference.

For more information check out this link: <https://dmh.mo.gov/constituentservices/consumerconference.html>

Free MOACT forum/discussion board

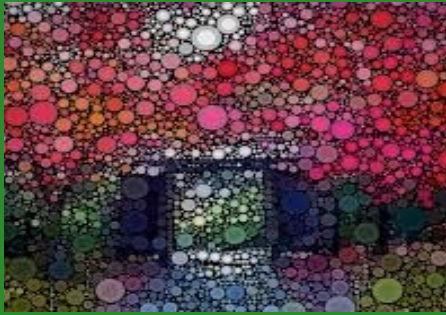
DMH has secured a private, web based location for a forum/discussion board for ACT team staff members. The site is located at <http://moact-forum-board.freeforums.net/>

You must register for entry to the forum and to see all the posts. Your registration is approved by one of the administrators of the forum. Once approved, you may begin reading the threads and posting or replying to existing threads. The forum has sections to describe its purpose, the rules for participating and members must agree to HIPPA compliance with posting. All

posts are monitored by forum administrators and will disallow any private client information. Forum memberships are removed if a member leaves ACT team service provision. You can set your account to send you email notifications when something has been posted!

We hope the forum will give staff an opportunity to browse important topics relevant to ACT at their convenience as well as offer a platform to post questions, discussions or suggestions to your co-ACT teams across the state.

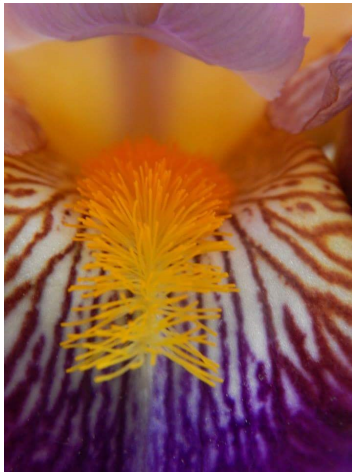
Sign up now and be part of our discussions!



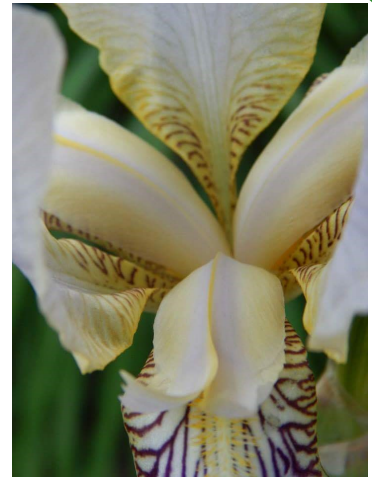
Arts & Literature



Expression



Photos & cover page photo
by Paige McNaughton, Program Assistant at Places for People ACT



SUBMIT YOUR CLIENT ART—POETRY,
PHOTOS, TESTIMONIALS, SHORT STORIES,
PHOTOS OF PAINTINGS, SCULPTURE, ETC.—TO

LORI.NORVAL@DMH.MO.GOV

Creativity



Rendering by N.Coleman
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